



Yong Loo Lin School of Medicine

Medical Education Unit (MEU)
NUS Yong Loo Lin School of Medicine
National University Health System

promoting professionalism & excellence in
medical education



6th SMEC Workshop on: PREVENTION OF CHRONIC DISEASES

21 August 2010 (Saturday), 11.20am-1.00pm
Seminar Room 10 and Seminar Rooms 14A-C

In the 1950s and 1960s, infectious diseases were among the top 5 leading cause of death but now, cancers, ischaemic heart diseases and cerebrovascular disease account for more than 60% of all deaths in Singapore. Currently, an estimated one million Singaporeans suffer from these four major chronic diseases: diabetes, hypertension, lipid disorder and stroke. Chronic disease is now a major healthcare challenge, and prevention is the key to stopping this trend. Yet despite primary and secondary preventive measures put in place by the Ministry of Health, chronic diseases are on the rise. This workshop will focus on these diseases, and will examine if enough is being done to prevent and manage them. The role of physicians in prevention will also be discussed, as patients themselves are the prime movers in controlling their risk factors.

Facilitators

A/Prof Koh Woon Puay

A/Prof Jeanette Lee

Epidemiology and Public Health

NUS Yong Loo Lin School of Medicine

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**Registration is on a
first-come-first-served basis.**

**Closing date of registration:
13th August 2010**